

# ***READY TO MAKE THIS YEAR AMAZING!***



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## **Tips to Improve Your School Year**

In this week's article, our team has opted to offer suggestions to help ensure a productive and rewarding academic year. As current high school students, we are well aware of the difficulties associated with balancing schoolwork, extracurricular activities, and socializing. Furthermore, we comprehend the propensity to become overly preoccupied with negative thoughts, thereby hindering the ability to focus on positive aspects.

### **1. Study**

If one is grappling with a particular subject, it is recommended to allocate time each evening for dedicated study. Prior to an impending examination, it is essential to familiarize oneself with the assessment criteria that will be evaluated during the subsequent test. This serves to provide an anticipation of what to expect and assist in achieving an optimal score. There are several methods of study that can be employed, such as taking notes, creating flashcards, viewing videos, utilizing online study guides, or employing other study applications that are currently accessible. The real trick is setting aside time to implement the tips.

### **2. Make Friends**

When considering the process of forming friendships, it is advisable to identify common interests and subsequently develop the friendship based on those shared elements. Additionally, demonstrating kindness toward one's peers, engaging in friendly gestures such as smiling, avoiding gossip, and actively participating in social interactions can contribute to the establishment of relationships. However, it is essential to maintain one's authenticity throughout the process.

Never forget, you are enough. We can't reiterate the importance of being who you are all the time. It's hard work to pretend to be something or someone that you are not. Being yourself will alleviate the stress of constantly working toward an Oscar nomination that you will never truly be recognized for in high school. When you find the right circle they will appreciate every unique characteristic that makes you who you are.

### **3. Participate in School Activities/ School Spirit**

Attending sporting events provides a reason to anticipate something enjoyable throughout the academic year. Moreover, it is an excellent opportunity to connect with new individuals and forge new friendships. Possessing school spirit is an effective means of engaging and participating, and doing so consistently can contribute to an enjoyable school year. By attending games and other school-related activities, one demonstrates their school spirit, which can enhance the overall enjoyment experienced throughout the year. High school is about learning and growing knowledge, but it should also be a celebration of one's youth. The memories and the friendships that you make will likely stay with you a lifetime.

### **4. Join Extracurricular Activities**

Joining clubs and participating in sports is an excellent method for making friends and meeting individuals who share similar interests. There are numerous advantages to this, including the opportunity to travel for games, competitions, and meetings. Additionally, it allows for greater involvement in one's school, which can help individuals stand out and connect with other students they may not have had the chance to interact with otherwise. Don't forget the activities that you participate in throughout your high school life will help to build your college resume.

### **5. Be Respectful to Administrators**

Demonstrating respect is a measure of one's character and is highly valued. A respectful demeanor not only enhances one's own educational experience but also facilitates a more harmonious learning environment. By showing respect to teachers, it becomes easier for them to perform their duties, and they are more likely to treat students in a positive manner. Consequently, the accumulation of positive memories from the academic year is increased.

### **6. Don't Procrastinate**

Delaying tasks can have negative consequences. By procrastinating, one may experience academic setbacks, which can result in increased stress levels and a decline in grades. This, in turn, may lead to missing out on valuable school experiences, either due to poor academic performance or the need to dedicate excessive time to coursework in order to catch up. However, by completing tasks on time, these issues can be avoided. It is important to emphasize that, in the event that one is partaking in a team sport, their teammates are counting on them to exhibit responsible behavior by maintaining satisfactory academic performance. Be an asset not a liability.

### **7. Communicate**

If you intend to be absent for a day and require a missing assignment, it is imperative that you inform your teacher in order to maintain focus and avoid falling behind in your studies. Effective communication is crucial in such situations, as it enables you to obtain any missing assignments and seek assistance with any lessons or assignments that you may be struggling with, ultimately contributing to your academic success.

## 8. Be Organized

The need for organization is indispensable. To ensure effective management of academic responsibilities, we would suggest maintaining separate folders or binders for each class, or at the very least, a binder or folder dedicated to all of your papers. Carrying papers loosely in a backpack can lead to forgetfulness about assignments or even their loss. A well-organized system alleviates stress by facilitating easy access to necessary materials.

## 9. Have Good Time Management

Effective time management is crucial for a successful academic year. By efficiently allocating your time, you can prioritize your studies, complete assignments, spend quality time with friends and family, and even obtain adequate sleep.

## 10. Be Focused

If you concentrate on your studies, you will acquire knowledge that will aid you in completing your assignments. This knowledge will enable you to reduce the amount of time you spend studying, as you will have a better understanding of the subject, which will lead to improved test performance. In the long run, this will help you maintain good grades and alleviate stress. All of this will come to pass if you remain focused during class.

In conclusion, commit to having a good year by staying positive. Find your people. Begin to look for your passion in life, high school will be over before you know it-trust us, the incoming seniors of our group realize that more than ever. Put yourself out there and try to get involved in a school activity-it's never too late to try something new. Remember that not everyday is going to be perfect. You will have bad hair days, and you might even bomb a test. But, it is important to remember that everyday is a chance to try again-New Year, New Beginnings!